

Trinity News – Autumn 18



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Anti-bullying week

Over the past few weeks, children have been taking part in activities linked to their rights and responsibilities through the Jigsaw PSHE scheme. Linking in with the Anti-bullying week focus on respect, we talked about rights for all children and the UNICEF Rights of the Child. They decided they had the right to:

Be safe

Be happy

Be healthy

Have an education

We also discussed what to do if they felt unsafe particularly online, but also in person. We talked about making sure they made adults aware of any concerns they had. Having open and honest conversations is really important so that they will talk to you about any worries or concerns.

We have put together this information to support parents, carers and children. I hope you will find it useful.

Keeping your child safe online – some ideas and useful websites.

Child Exploitation and Online Protection (CEOP) arte part of the National Crime Agency

Advice - what can you do to protect them?

As well as having the all-important conversation, there are some technical (and simple) things you can do to limit what they see:

- **Set Parental Controls.** Parental Controls software will enable you to filter out pornography and other inappropriate content. You can also use it to set time limits for using the internet and apply age restrictions for games they play. Most major Internet Service Providers, like Talk Talk, Sky, BT and Virgin Media, provide free parental controls, as do most devices and games consoles. Find out [more about setting them up](#) - it isn't as difficult as you might think!
- **Set the search engine (e.g. Google, Bing, etc.) they use to a 'safe' mode.** This means that the search engine will look to block any obvious adult content and not provide it in search results.
- **YouTube is particularly popular with primary aged children** but think about the range of content they can be exposed to on it. Distressing news stories and other adult content will often appear on YouTube so don't use YouTube as a TV. It is all too easy for children to click on related videos and end up watching something more adult so make sure you supervise younger children using it. It is also advisable that you set YouTube search to 'safe mode'. You can find out how in the [YouTube safety centre](#).

<https://www.thinkuknow.co.uk/parents/>

<http://www.safetynetkids.org.uk/personal-safety/staying-safe-online/>

<https://www.net-aware.org.uk/>

<https://www.connectsafely.org/parentguides/>

<http://beta.bbc.co.uk/newsround/14979083>

<https://www.childline.org.uk/>